

# Menu for 3 Day Trip - Sept. 1936

Hot cereal  
 Bran flakes  
 Fruit - 12 oranges  
 Jam  
 Milk - condensed - 8 cans  
 Klim  
 Tea  
 Coffee  
 Cocoa Mixture  
 Salt  
 Pepper  
 White sugar  
 Brown sugar  
 Butter  
 Bread - 9 loaves  
 Bacon - 60 slices  
 cabbage - 2 heads  
 Eggs - 12  
 salad Dressing - 1 pint  
 Fruit Rolls - 12  
 Beef steak + onions - 3 cans  
 Carrots - 14  
 sausages - Beans  
 Beets - 14  
 Dried apricots  
 Dried raisins  
 Peas - 3 cans  
 Cream Sauce mixture  
 Prunes

## ① Lunch

Raw Cabbage  
 Hard cooked eggs  
 Salad Dressing  
 Fruit Rolls  
 Tea

## ② Breakfast

Oranges  
 Rolled oats or bran flakes  
 Toast - Jam  
 Coffee  
 (Bacon for Guides)

## ③ Dinner

Beef - steak + Onions  
 Carrots, Potatoes  
 chocolate Pudding  
 Coffee

## ④ lunch

Angels on Horseback  
 Toast  
 Apple Sauce  
 Tea

## ⑤ Dinner

Sausages  
 Beets, Potatoes  
 Apricots + Raisins  
 Coffee

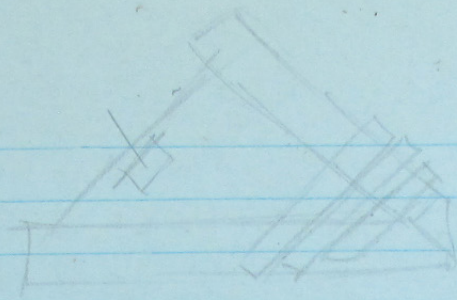
## ⑥ Breakfast - same

as above.

## ⑦ lunch

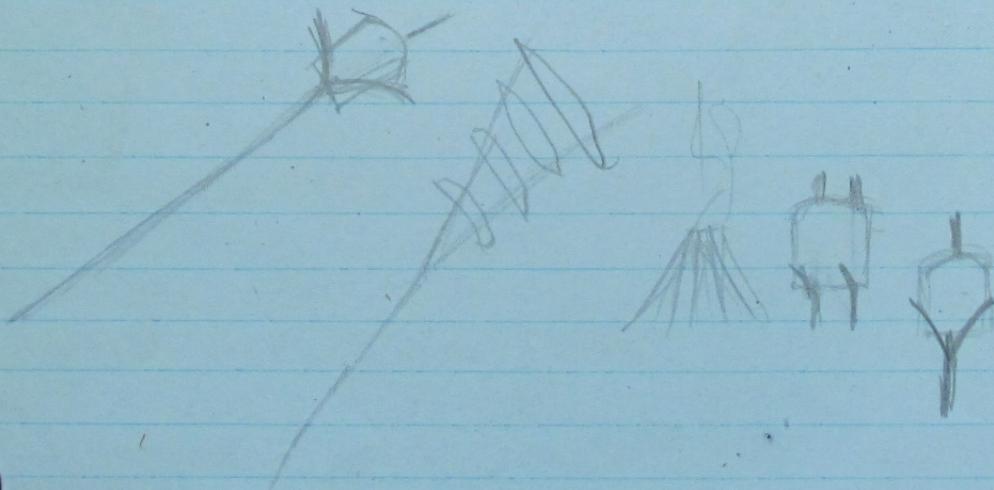
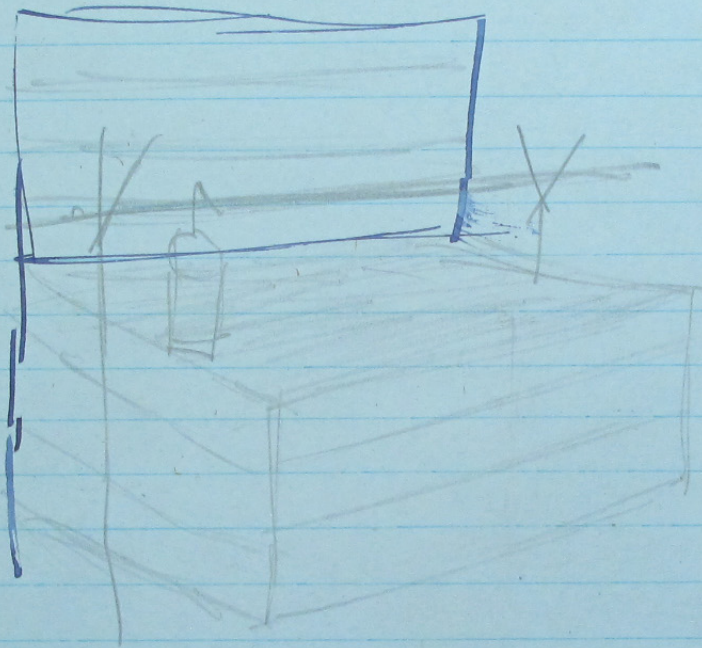
Cream + Peas  
 Bacon  
 Prunes  
 Tea



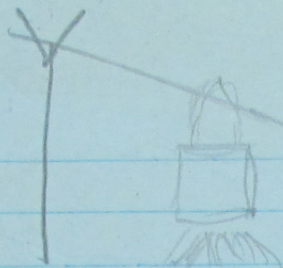


REFLECTOR.

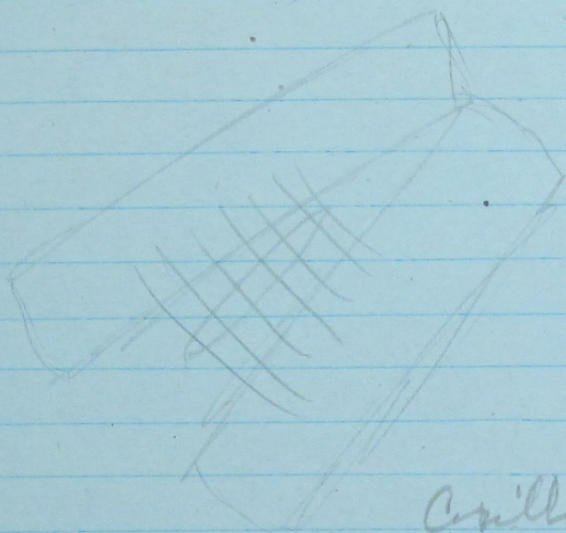
ALTAR OVEN.



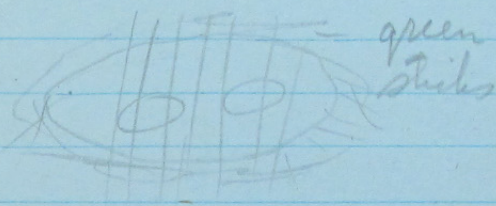




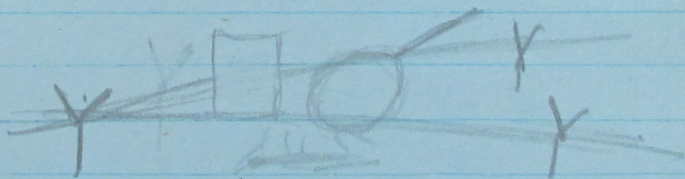
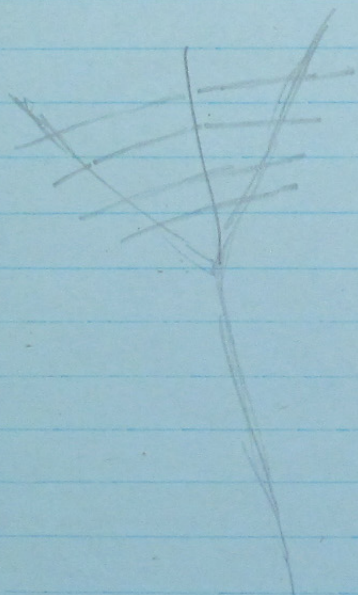
Indian mangan



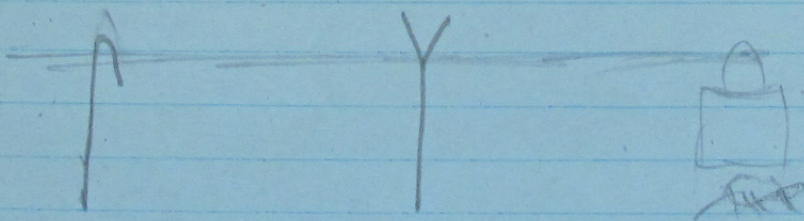
Crills



green sticks



Hunter-trapper





## Junior

## Compass

### Beginner

Put out fire 2 ways.  
Build + light taper fire.  
One hike with lunch.  
Clothes for a hike.  
Water drinking safety.

### Compass

Hitches + wood.  
Toasting fork + toast.  
Put out fire (sand, water).  
Rock fireplace for taper fire.  
Sleep out one night.

## Intermediate

● Beginner . Drill meter (Y pole, margin stick)

### Supplies

Bedroll  
Overnight.  
Ness  
Tin can cooking.  
Jackknife case.  
Cooking fire with gadgets  
Wood chiseling - splitting  
Cooking  
Tent.

### Tricks

Smoking + canning tubes.  
3 day trip.  
3 kinds of fires.  
3 knots.  
Shelter + bough bed.  
Cooking  
Pole - not determine.



Senior

Enthusiast

Sleeping & cleaning

Tripper

Trip tent

Guide

Safety tests in C. & S.

Some first Aid

Camp site - choose

Pack for trip

Fire in wet weather

Clean a fish

Reflector fire

Plan overnight

5 day trip



## Camp Singing.

● Sing, sing, What shall I sing.  
Julia M. Seaton.

Folk songs for camp, they are basis of all songs.  
Dr. Macmillan's Canadian Song Book.

## The Morning Song.

The sun is rising out of bed.  
And in the east the sky is red,  
Then up & wake each sleepy head,  
So early in the morning.

● 'Tis shame to dream the hours away,  
When all the world is bright with day,  
And Nature calls to work & play.  
So early in the morning.

## The Gum-Chewing Boy.

The gum-chewing boy & the cud-chewing <sup>can</sup> are almost alike & yet different somehow.  
Well, what is the difference. Oh yes I see

It's the look of intelligence shown by the <sup>man</sup> ~~can~~.



## I Aint G'wine a' Brine.

~~I aint g'wine a' brine.~~

I brine my brd, from day to day, } repeat  
I left the straight & narrow way. } once.

I aint g'wine a' brine, my brd no more.  
Repeat 4 times.

The devil has got a hypocrite's shd.

If you don't watch out, he'll put it on you.

Get down on your knees & say your prayer,  
'Cause you can't go to heaven on a rocking chair.

If you get to heaven before I do,  
Just bore a hole & pull me through.

## Mosquito Serenade.

Introduction 1-2.

3-4 the mosquito is singing, oh hark.

1-2 & he always tunes up in the dark.

3-4 he has spectacles made for the night.

3-4 so he's able to see where to bite. 1-2

## Welcome Song.

Come in the evening & come in the morn'g,  
Come when you're loked for, & come  
without warning.

Kiss us & welcome you'll find here before you  
And the oftener you're here, the more we'll  
adore you.



## Cooking

Sec. III

## Menus

### I. Sausages

Tomatoes

Potatoes

Apricot custard

Toast - butter, salt, pepper.

Coffee.

### II. Steak

Toast, butter.

Apple sauce.

Coffee.

### III. Sausages

Potatoes

Fresh Tomatoes

Toast

Twisters & jam.

Tea.

### IV.

Eggs

Potatoes

Pears

Twisters

Tea

) baked

### V. Creamed salmon

Pears

Toast

Coffee

Apricot whip



VI. Angels on horseback.  
Fresh tomatoes.  
Toast  
Steamed apricots  
Tea.

Ream.

VII. Fruit, fresh or steamed.  
Cereal, dry or cooked or pancakes & syrup.  
Breakfast. Eggs or fish  
Coffee or cocoa.

Baked beans or macaroni, or stew, or  
soup or salmon.

Lunch. Corn, string beans, peas, tomatoes,  
Bread + butter or jelly.  
Canned fruits  
Milk.

Soup  
Meat

Dinner Potatoes or rice or macaroni.  
Green vegetable  
Bread + butter.

VIII. Salad  
Green muffins  
Dinner toast & syrup.  
Cocoa.



IX Tomato soup  
Soda biscuits  
Corn pitters & syrup  
Caramel Pie  
Cocoa.

X Welsh rarebit on toast  
Chocolate pie  
Cocoa -

XI Planked steak (or fish)  
Baked potatoes  
Lettuce  
Milk  
Fruit & cookies.

XII Pancakes with brown sugar.  
Cocoa  
Fruit & cookies  
Tea.

XIII Souffles  
Baked potatoes  
Celery - or other fresh vegetables.  
Fruit  
Coffee.

XIV Baked beans.  
Dried bacon  
Cocoa  
Rice  
Jelly  
Macarons - cream or corn flakes.





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